

# The Friend

*Come as you are to Worship, Wonder, and Work in Jesus' name!*

April 2017

## *A Glimpse of God*

*by Mollie Dvorak*

Where have you seen God at work in your life lately? When have you noticed the Holy Spirit's tug on your heart bidding you to "follow me"? How have you seen God working in the community and in the world? Who were you Christ for this week?

Lent gives us the opportunity to look outside of ourselves to see where and how God is acting in the world, our community, and in our lives. We get this opportunity because we take time to slow down, listen to God, and prepare ourselves to go out into the world as Jesus did.'



For the past five years, instead of taking something away in Lent, like sweets, TV, or social media, I have added something to my life. I have written letters or cards each day of Lent. Who do I write these letters to? It varies from year to year. Before the season of Lent begins I start my list of names. Names of friends I want to reach out to. Names of mentors who have had a big influence on me the previous year. Names of friends who I would like to get to know more. Names of family members who I simply want to let know I love them. This year I have started sending more cards instead of letters. When I get a card from someone, just because, it brings such joy to my day, so this year I wanted to give that same joy to others!

I have had fun going to different stores and looking through their card selection and picking out a variety of cards. Some are funny, some are serious, some are beautiful, and some are simple, yet thoughtful.

It is through people I get the best glimpses of God. It is in relationships of all kinds that give me the feeling that God is near. Give thanks for the relationships in your lives. I encourage you to send a card this month, to someone in your life, just because. God loves us so we can share that love with others. I choose to show some of that love through the mail, with a card!

*~Pastor Mollie*

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*Everyone  
is welcome to  
worship at  
St. Philip's*

## Love

*Sara Quarberg, Director of Youth & Young Adult Ministries*

My Lenten journey has found me intentionally surrounding other people with love. So far, this has included friends, family, people in my community, and even strangers. I intentionally took on this as my challenge for Lent in response to a great need I see in God's world for love. It sounds elementary, but what if there was more love and less hate in this world? How would we more clearly see God present in our lives and in this world? These are just some questions that I wrestle with. So, in response to those questions, I've decided to compliment others more, to be more empathetic towards others, and to have more patience with those who I may not see eye to eye with. Within the first week of this journey, I already began to feel more joy and peace in my life and that has been such a gift!

I'm constantly amazed at the way that our young people offer love so freely and genuinely every single day. It may be through a simple smile, text message, hug, laughter, or companionship with one another. I whole heartedly experience God's love through each one of them when we gather together on Sunday mornings, Wednesday nights, during retreats, and during the occasional lunch or extracurricular activity that I attend. It's truly an honor to witness God at work in so many ways through each one of them.

What strikes me the most is when we close our time together in prayer, friends, acquaintances, family members, teachers, and others are often offered up for prayer for whatever their needs are. The depth of love and care that I experience through these young people is so profound.

I'm grateful that not only through this Lent season but all year long, I get to constantly experience God's love through so many incredible ways. At the end of April, our youth will have the opportunity to engage in a day-long Peer Ministry Leadership Conference where they will be encouraged as the leaders they already are and to learn and strengthen the beautiful gifts that God has placed within each one of them. Please continue to uplift and keep our young people in your prayers as they engage in God's world through leadership, with compassion, and surrounded by God's amazing love.

*~Sara*

## There will be LEAFs in the Spring!

LEAFs = Life Enrichment Adult Forums

- April 10 and 24 at Christ the King Lutheran Church
- May 8 and 22 at Abiding Savior Lutheran Church

**Here are some of the presenters and topics coming this Spring:**

*Rev. Dr. Margaret Guelker – Holy Land and Jordan*

*Rev. John Kerr – Ruth's Story*

*Joe Kimball – Congdon Murders*

*J.B. Anderson – Memorial Day*

*Steve Marking – a musical presentation on The Mighty Mississippi*

*Doug Ohman – State Parks*

Registration forms will be mailed in March to participating churches and to all individuals who have attended LEAFs events in the past four years. For registration forms or more information [[www.leafsforums.org](http://www.leafsforums.org)].



# Easter . . . It's More Than a Bunny and Peeps!

*Connie Yerigan, Director of Children & Family Ministries*

Easter. Let me paint for you a picture . . . everyone is dressed their best for church, then after worship, we gather with family and friends over a yummy brunch. After brunch, Uncle David dresses up in his fluffy bunny costume and hands the kids their baskets . . . it's time. They are off, running, squealing, and giggling as they search high and low for fun colored eggs that they know all hold a special surprise! Memories are being made and everyone is having a lot of fun! We all celebrate Easter differently. This year I would like to paint a different picture. A new way to look at the typical egg hunt.

God's Easter Surprise. Picture this . . . the tomb where Jesus was laid to rest. A dark cave closed off with a big, heavy rock. Guarded by soldiers, people were in mourning. Jesus was full of surprises throughout his life. From turning water into wine, healing the sick, and feeding thousands with very little, people now thought his surprises were gone as well. Until the third day. When the tomb was opened, surprise! It was empty! Jesus had risen! God's love is bigger and stronger than we can ever guess; God gave us all an Easter surprise that day.

This year, while searching for eggs, let's all keep God's Easter surprise story in our hearts and on our minds. Easter is so much more than a bunny and peeps. It's a time for us to remember that Jesus died for us, and then rose again.

Join us on Wednesday, April 5 as we gather together, tell the story and search for hidden eggs. All ages are welcome to join us. We will start the story and egg hunt at 5:00 pm, then gather together for dinner in Fellowship Hall, work on a couple of fun crafts and worship together at 7:00 pm.

Easter blessings to you all,

*~Connie*

## Lent, Holy Week, and Easter Worship Schedule

### Lenten Wednesday

April 5 Service of Holden Evening Prayer

12:00 pm Worship with a light lunch to follow

6:00 pm Light supper

7:00 pm Worship

### Holy Week

#### Palm Sunday

April 9 Worship 9:30 am (*One Worship Service*)

#### Maundy Thursday

April 13 Worship with Holy Communion at 12:00 and 7:00 pm

#### Good Friday

April 14 Sanctuary Choir Cantata "Rose of Calvary" at 7:00 pm

### Easter Sunday

April 16 Worship with Holy Communion 7:30, 9:00, and 10:30 am

## President's Column *Mike Youngberg*

Going to church has been on my mind lately. Most of the time we think about attending worship services as something we are required to do. It's how we were raised. Or we attend because we hope to get something out of it ourselves. Maybe it's the sermon or the music. A week later I'll still remember that the sermon was good, but like it or not, I couldn't tell you many details about it. It's like going to the movies. If you asked me why "*The Help*" was a good movie, I couldn't give any details, but I remember it was good, and I was moved. It was worth going if only for what was gained in the moment.

I'm convinced that most of the time, human beings live better in community. For my family, the neighborhood is not as strong as it was when I was young. For myself, work was a strong community, but I am now almost five years removed from that. My strongest and largest community is now at St. Philip's.

I don't know of another place where so many people gather voluntarily. Worship is a place where dozens or even hundreds of like-minded people join together to pray, celebrate, mourn, or search. In many cases, we come to be known, to be recognized. We come to be affirmed and supported. It may be overused, but "*Cheers*" (the television show) was onto something, a place where "everybody knows your name."

And that leads me to why I think attending church is really important. At my church, I know people care about me. Not just the pastors, but all of you. And even if not all of you, enough for me to feel wanted, loved, maybe even needed. I can't help but believe that there are others who have been supported (sometimes even carried) by the congregation here. And that is why I think one of worship's most important functions is for others. If I want to be known by name, you all need to be here. And if you want to be known by name, I need to be here. We must be here for each other.

And perhaps here, more than anywhere else in our world, we are reminded constantly that God knows our name and walks the road with us.

See you in church.

*~Mike*



### SPDR Updates

Many thanks to those who helped make the lasagna dinner and auction fundraiser a huge success last month.

Thank you to over 40 SPDR team members that helped with the preparations on Saturday and the event on Sunday. Thank you to those that donated or bid on an auction item. Over 550 bids were made on over 200 auction items that were donated by SPDR team members, friends, family members, and St. Philip's members. (Note: Auction items donated or won will not show up on St. Philip's members' giving statements.) Thank you to over 300 dinner guests who purchased tickets to the dinner and contributed almost \$1,500 in tips. Thank you to an anonymous St. Philip's couple that underwrote the cost of the dinner. And thank you to those who made a free will donation for the flower pots. Over 120 flower pots now have new homes and SPDR has an additional \$500.

The funds raised from the dinner, auction, and pots will certainly cover the costs associated with two weeklong trips in 2017 and over \$2,000 will be earmarked for the proposed storage facility at St. Philip's.

### Spring Trip

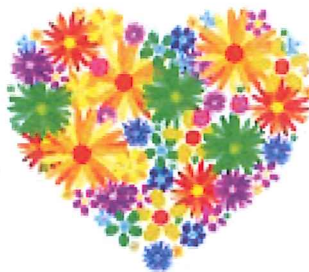
A second trip to Eureka, MO is scheduled for May 7 - 13. This area, west of St. Louis, was flooded at the end of December in 2015, volunteers are still needed to help rebuild homes and lives. Come and see! Watch for registration information in St. Philip's publications or contact Mike Anderson [spdr@splcmn.org or 763-784-7977].



## Life Events

### April Anniversaries

Carrol & Mavis Hauge on 4/6/1957 for 60 Years  
Leland & Marilyn Drossel on 4/23/1965 for 52 Years  
Donald & Paula Cable on 4/30/1966 for 51 Years  
David & Shirley Hogan on 4/3/1971 for 46 Years  
Richard & LoRaye Hedlund on 4/22/1972 for 45 Years  
Steve & Lisa Clovning on 4/30/1977 for 40 Years  
Lee & Betty Hinnenkamp on 4/12/1978 for 39 Years  
Mark & Darcy Williams on 4/15/1978 for 39 Years  
Nancy & Martin Menzia on 4/22/1978 for 39 Years  
Steven & Kay Haglund on 4/25/1981 for 36 Years  
Joe & Wendy Wegleitner on 4/14/1984 for 33 Years  
Joyce & Richard Peake on 4/21/1985 for 32 Years  
Gwendolen & Patrick Zeman on 4/5/1986 for 31 Years  
Cameron & Rhonda Ollila on 4/4/1992 for 25 Years  
Michael & Nancy Varichak on 4/3/1993 for 24 Years  
Melissa & Michael Wallraff on 4/13/1996 for 21 Years  
Eric & Suzanne Boyum on 4/10/1999 for 18 Years  
Melvin & Virginia Reichstadt on 4/12/2003 for 14 Years  
Ray & Patty Fabian Jr. on 4/23/2005 for 12 Years  
Anthony & Cassie Nelson on 4/22/2006 for 11 Years  
Brad & Kandace Heitland on 4/29/2006 for 11 Years  
Jonathan & Julie Kosbab on 4/28/2007 for 10 Years



To the friends and family of  
LaVonne Christensen  
Ruth Ollila  
Edward Boe  
Hazel Williams

## The St. Philip's Endowment Fund

February gifts were received in  
memory of

*Ken and Betty Ackerman*

*Betty Lou Ackerman*

*Al & Phyllis Brockberg*

*Jane Hokenstrom*

*Ruth Ollila*

*Donald Palmer*

*and*

*Elizabeth Schweitzer*

~ ~ ~

Gifts in any amount may be given in memory of someone, to celebrate an occasion or to participate in the present and future ministry of St. Philip's through the Endowment Fund. Gifts may take the form of cash, real estate, personal property, stocks and bonds, life insurance benefits, or bequests from 401k, IRA, and other retirement accounts

For more information on St. Philip's Endowment Fund visit our website at [splcmn.org] select the Ministries tab and click Endowment. Or contact a member of the Endowment Fund Committee; Bob Becker (Chair); Ron Ackerman, Edd Brooks, Jeannine Grandstrand, Virg Herrick, Joan Kruse, Dick Lekang, and Dawn Young.

~ ~ ~

*"Thank you" to all who  
support the St. Philip's  
Endowment Fund.*

## Endowment Grants

Endowment grants are available for use on current projects that are consistent with the mission and vision of St. Philip's church. Grant applications must be submitted to the committee by April 15, 2017, to be considered. Download the application at [splcmn.org]. Select the "Ministries" tab and click "Endowment". Forms are also available in the church office. Grants will be awarded in May 2017.

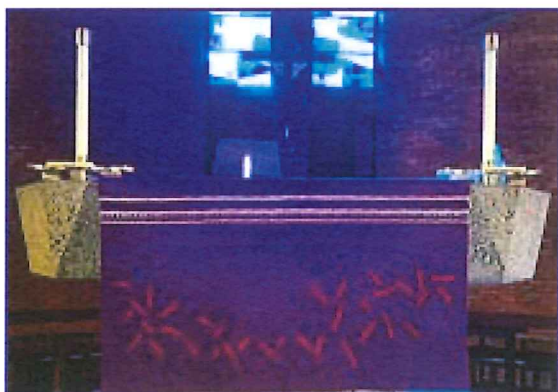
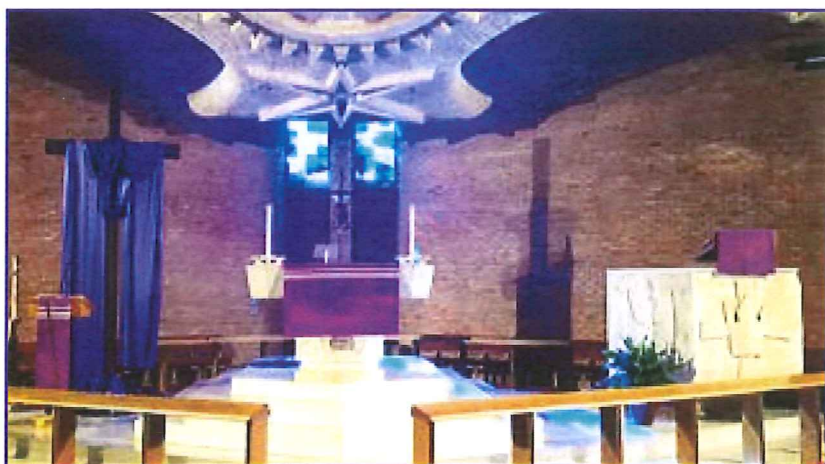
## Worship Task Force

We had our first meeting Tuesday, March 7. Our conversation was made up of answering the following questions:

1. Why did you feel called to serve on this worship task force?
2. What elements of worship are the most meaningful to you and why?
3. What elements of worship do you struggle with?
4. Who are we trying to reach with what we are offering now?

Our next meeting will consist of scheduling "cottage meeting" dates, so members of the congregation can join the conversation as we continue to analyze our worship life here at St. Philip's.

Members: Alan Ball, Judy Greer, Dawn Hansen, LaRae Kazmierkoski, Don Nelson, Jan Nelson, Jeny Ronken, Bonnie Shelton, Renee Youngberg, Pastor Christine, and Pastor Mollie.



## Symbolism of the Paraments

Some "Fun Facts" about those fabric pieces (paraments) that are draped on the altar, lectern, and pulpit. The primary purpose of these is to announce the season of the church year by their color. The color purple is chosen as it symbolizes the royalty of Christ and is associated with mourning. During Lent they have a pattern of red lines, suggesting the challenges we face in our lives and the challenges Christ faced in his ministry on earth. The white lines on top remind us of the continuous presence of God. The lectern has a cross representing Christ's final challenge. It is tipped to imply it is being carried. Stay tuned for more fun facts as the paraments are changed.

*(photos by Connie Yerigan)*



## Easter Flowers

Would you like to help decorate our sanctuary for Easter? Sign up in the office to order a blooming plant. The deadline to order is Wednesday, April 5. Our options are lilies, hydrangeas, and azaleas. "Your" plant will be available for pick up after Easter Sunday worship. Thank you for helping make the Sanctuary especially beautiful for Easter Worship.

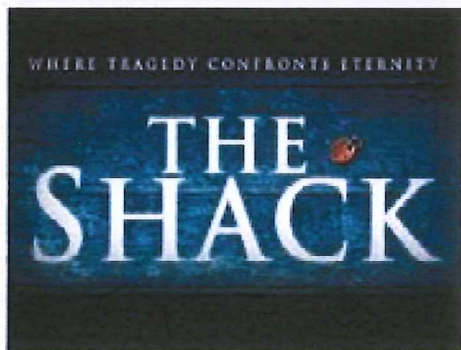


## New Member Class

Tell your friends and anyone you know who is interested that we have our spring new member class on April 4 at 6:30 pm. New members will get to know other folks new to the community, learn about the ministry and history of St. Philip's, ask questions, and hear about what God is up to here. Contact Pastor Mollie if you are interested [MollieD@splcmn.org or 763-571-1500].

## Kingdom Assignment Update

The results are in! We have collected the stories, pictures, and testimonials from those who participated in the Kingdom Assignment last fall. What was the Kingdom Assignment again? Thirty envelopes were up for grabs with \$100. in each for members/families to use toward the ministry of God's work in the world. In the next couple months, we will be posting these testimonies in the Narthex, as well as other avenues of St. Philip's communication, such as *The Friend*, Facebook, and weekly announcements. Watch for all the creative and inspiring ways St. Philip's members served others through the Kingdom Assignment!



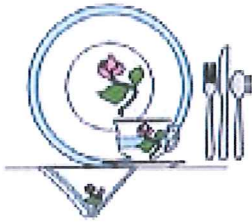
## The Shack: A Film Conversation

Have you seen the new movie "The Shack" or read the book? Come and be a part of a guided conversation. This is a discussion on the subject matter and how you see God. We'll meet on Monday, April 3 from 6:30 - 8:00 pm. The movie is currently showing in local theaters so gather some friends and see it soon! Sign up in the office if you'd like to attend. Coffee available, bring a snack to share if you'd like.

## Food Shelf

Do you know the story of Old Mother Hubbard? Well, she must live here at St. Philip's because our cupboard is bare! Much needed items include cans of stew, pasta with meat, and soup. Many of our visitors are having hard times and some are not able to cook food on a stove so ready-to-eat items like crackers, protein bars, nuts, and jerky are very welcome. Please keep our food shelf visitors in your prayers.

## Festival of Tables



Join us for a lovely lunch and raise money to provide others with a meal too! The 9th Annual Festival of Tables will be held at St. Philip's on Saturday, April 22, from 11:00 am - 2:00 pm. The Fellowship Hall will be filled with beautifully decorated themed tables, lunch will be served, and a pianist will entertain. Tickets are \$15 and will be sold between worship services only, April 2 and April 9 in the Narthex. Tickets are limited to 4 per person. All proceeds will go to area food shelves. A few spaces remain if you would like to decorate a table.

For more information contact Julie Small [kjsmall74@msn.com] or Kathy Swenson [kswenso@comcast.net].

## Meals on Wheels

*"It's not about the task, it's about the love that goes into a task that counts."*

A survey showed that 77% of people receiving Meals on Wheels reported feeling less lonely after contact with volunteers. Thanks to those who lightened another's heart through delivering Meals on Wheels February 27 - March 3. They included Bob Johnson, Earl Hatten, Dawn and Richard Young, Steve Ess, Ann Westby, Bobbi and Roger Tuey, Kathy and Chuck Eichelberger, and Harlan Howenstein. Our next delivery time is 11:00 am from May 1 - 5.

## 55+ April Event:

### *Federal Reserve Bank Tour & Lunch*

Meet at church on Thursday, May 18 at 9:45 am. We will travel by school bus to Minneapolis. On our 75-minute walking tour of the bank building, we will hear a brief history of the Federal Reserve System, its main roles, and responsibilities as the nation's central bank and the need for a central bank. We will visit the cash processing area where we will see automated robots moving around millions of dollars.



Note: The Federal Reserve Bank is a secure facility, be prepared to show a valid photo ID (driver's license). We will pass through a metal detector and all of our personal belongings will be x-rayed. This is a walking tour and involves long periods of standing with no opportunity to sit down.

Following our tour, we will take a short bus ride to the Great Moon Buffet in Columbia Heights where they serve Chinese and American food.

The cost of \$17/per person includes transportation, tour, and lunch. Sign up in the office by Sunday, May 7. Please make (non-refundable) check payable to St. Philip's Church.

Any questions, contact Tom Schonebaum [763-786-2483] or Joan Kruse [612-251-3908].



## **Just Received:** *Letter from LCCN Bille* Second Installment

### Letter from LCCN Bille

This is the second installment of the letter to St. Philip's from Mr. Clement B. Dah, St. Philip's companion congregation LCCN Bille.

### NEW VILLAGE HEAD

A new village head of Bille was selected and sworn in on October 31, 2015, after the death of the former village head. The new village head is a retired police officer, (Assistant Superintendant of Police). The role of the village head is to control traditional functions. The District Head oversees him and the other four village heads in the district.

### SITUATION IN THE COUNTRY AND BILLE IN PARTICULAR

The very ugly situation in the country is that of terrorists' activities, the (North-East insurgency) popularly known as Boko Haram. For the past 4 years, these terrorists' activities have resulted in the loss of thousands of lives. Properties, churches, houses, markets, schools and hospitals were burnt down completely beyond repairs. Thousand of Internally Displaced Persons (IDP's) were camped in some states. The present government has taken some steps by building houses for those IDP's who are willing to return to their domains.

Glory be to God, the Army, the Air Force have taken a drastic steps in order to bring down their activities.

Recently the Army, Air Force, and the Vigilante/Hunters have succeeded in taking over the strongholds of the terrorist popularly known as the "Sambisa Forest" in Borno State. They have destroyed their weapons and dislocated them; and many have taken to their heels to neighboring states.

Apart from these terrorists' activities in the North-East region, there is the Niger Delta Militants in the oil producing state. The illegal militants, armed with sophisticated weapons, normally vandalized and destroyed oil pipelines and killed many innocent people in the area. This in fact has affected the economy of the country.

Also, there have been crises between the Fulani cattle rearers herdsmen and indigenous farmers which sometimes result in the lost of many lives.

However, with all these above mentioned happenings, Bille land has remained peacefully with its neighbors. Such disasters have not yet reached or affected Bille. We pray to God to forbid these things. We also pray the ugly economic situation in the country which affects almost every one as a result of insecurity will come and pass very soon. May you continue to pray for us always.

God's blessings  
Clement B. Dah for LCCN Bille

<b>St. Philip's February 2017</b>	<b>Budget YTD</b>	<b>Actual YTD</b>
Income	\$125,421	\$121,002
Expense	(\$142,077)	(\$134,344)
TOTALS	(\$16,657)	(\$13,343)

# Sexism & Sandwiches

## *Conversations on Faith, Sexism & Justice*

Whether or not you took part in conversations this past fall, you are invited to continue a significant conversation on "Faith, Sexism & Justice." Beginning the Sunday after Easter, we will return to the curriculum offered by the Evangelical Church in America (ELCA) to complete the remaining four sessions and provide feedback and insight into the ELCA's work in developing a social statement from the ELCA Task Force on Women and Justice.

The topics and schedule (Sundays at 11:30 am in Room 1) are as follows:

**April 23:** Along with a brief review of project & conversation covenant we will ask: What does economic sexism look like, and how can we seek equity for all?

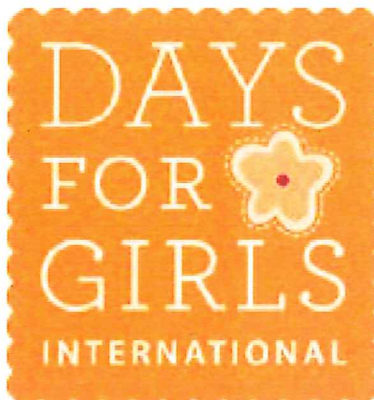
**April 30:** How can we address violence against women and girls?

**May 7:** Why do words and images for God matter?

**May 21:** How do we challenge the misuse of scripture against women and girls?



Participants are invited to order a sandwich or bring their own as we gather on Sundays following 10:30 am worship. (Watch for details in the bulletin announcements). Elaine Knutson, Heather Koshiol, and Pastor Christine Wenzel will facilitate the sessions, which include prayer, Bible study, deep listening, and conversation through a lens of justice. We look forward to continuing the conversation with our fellow members of the body of Christ.



## Days for Girls

St. Philip's has been offered the opportunity to join with Faith Lutheran Church in Coon Rapids to help girls in many parts of the world by making sustainable feminine hygiene kits. We need the following items to make the kits: 100% cotton and flannel fabrics (wild prints with darker colors - please pre-wash and dry), darker colored wash cloths, travel size soap, girls panties sizes 10 - 14 (dark colors and prints work best, all colors accepted though). Please drop off items in the church office until May 5. Join us on Saturday, May 6 at Faith Lutheran from 9:00 - 11:00 am as we cut, press, sew, and make these kits (lots of jobs for non-sewers too). Questions? Randee Arfmann [763-571-1461]. More info at [daysforgirls.org].





# St. Philip's

LUTHERAN CHURCH

## April 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Articles due for <i>The Friend</i>
2 8:30 am Worship 9:35 am Sunday School Middle & High School Ministry Morning Forum 10:30 am Worship	3 1:00 pm Joy Circle 4:30 pm Chair Yoga 6:00 pm Mat Yoga LifeGroups 6:30 pm Cub Scouts Mtg The Shack: Film Convo 7:00 pm Gamanon; GA	4 10:00 am Staff Mtg 1:00 pm Tuesdays Together 5:00 pm Solid Ground AA 6:00 pm Cub Scouts Mtg Worship Band Practice Worship Task Force Mtg 6:30 pm New Member Class	5 8:30 am WOW & Men's Work Crew 9:00 am Quilters 10:00 am EA Group 12:00 pm Worship 12:30 pm Luncheon 1:00 pm LifeGroups 6:00 pm Bells of Praise Lent Supper; LifeGroups 7:00 pm Worship; AA 7:30 pm Sanctuary Choir	6 7:00 am Men's Book Discussion 6:30 pm LifeGroups 7:00 pm Recovery International 7:30 pm Alanon; AA	7 1:00 pm EA Group	8 8:30 am Sanctuary Choir Rehearsal
9 <i>Palm Sunday</i> 9:30 am Worship 10:30 am Pancake Breakfast Equal Exc. Coffee Sale	10 9:00 am Glory Circle 1:00 pm Global Health Ministries 2:00 pm Lynwood Bingo 4:30 pm Chair Yoga 6:00 pm Mat Yoga Benevolence Mtg 6:30 pm Cub Scouts Mtg 7:00 pm Gamanon; GA	11 10:00 am Staff Mtg 1:00 pm Tuesdays Together 2:30 pm Heritage Mtg 5:00 pm Solid Ground AA 6:00 pm Cub Scouts Mtg Worship Band Practice 6:30 pm Property & Grounds Mtg Parish Fellowship Mtg	12 8:30 am WOW & Men's Work Crew 10:00 am EA Group Women's Book Club 12:00 pm Worship 6:00 pm Bells of Praise 7:00 pm Sanctuary Choir; AA	13 <i>Maundy Thursday</i> 12:00 pm Maundy Thursday Worship 6:00 pm Garden Group Mtg 6:45 pm Executive Cmt Mtg 7:00 pm Maundy Thursday Worship Recovery International 7:30 pm Alanon; AA	14 <i>Good Friday</i> 1:00 pm EA Group 7:00 pm Good Friday Worship	15 10:00 am Comfort & Joy of Quilting
16 <i>Easter Sunday</i> 7:30 am Worship 8:00 am Cinnamon Roll Sale 9:00 am Worship 10:30 am Worship	17 <i>Easter Monday</i> <i>Office Closed</i> 4:30 pm Chair Yoga 6:00 pm Mat Yoga 7:00 pm Gamanon; GA	18 9:00 am Library Mtg Assemble <i>The Friend</i> 10:00 am Staff Mtg 1:00 pm Tuesdays Together 3:00 pm Endowment Mtg 5:00 pm Solid Ground AA 6:00 pm Worship Band Practice	19 8:30 am WOW & Men's Work Crew 9:00 am Quilters 10:00 am EA Group 6:00 pm Bells of Praise Middle & High School Ministry 7:00 pm Sanctuary Choir; AA	20 7:00 am Men's Book Discussion 6:30 pm Garden Group Mtg 7:00 pm Recovery International 7:30 pm Alanon; AA	21 1:00 pm EA Group	22 11:00 am Festival of Tables
23 & 30 8:30 am Worship 9:35 am Sunday School Middle & High School Ministry Morning Forum 10:30 am Worship 1:00 pm Sexism & Sandwiches	24 1:30 pm Knitters & Crocheters 4:30 pm Chair Yoga 6:00 pm Mat Yoga 7:00 pm Gamanon; GA	25 10:00 am Staff Mtg 1:00 pm Tuesdays Together 5:00 pm Solid Ground AA 6:00 pm Worship Band Practice Global Health Ministries 6:45 pm Board of Administration Mtg	26 8:30 am WOW & Men's Work Crew 10:00 am EA Group 3:00 pm Global Mission Team Mtg 6:00 pm Bells of Praise Middle & High School Ministry 7:00 pm Sanctuary Choir; AA	27 7:00 pm Recovery International 7:30 pm Alanon; AA	28 1:00 pm EA Group	29 8:30 am Peer Ministry Conference



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## St. Philip's Lutheran Church

*A member of the ELCA*

www.splcmn.org • info@splcmn.org

Phone: 763.571.1500 • Fax: 763.572.2292

### Church Staff

**Christine Wenzel**, Interim Senior Pastor

ChristineW@splcmn.org, ext. 112

**Mollie Dvorak**, Associate Pastor

MollieD@splcmn.org, ext. 110

**Jeannine Arcand**, Office Manager

JeannineA@splcmn.org, ext. 104

**Amada Simula**, Publications and Membership Coordinator

AmadaM@splcmn.org, ext. 101

**Jerry Salitros**, Bookkeeper

JerryS@splcmn.org, ext. 103

**Sara Quarberg**, Director of Youth & Young Adult Ministries

SaraQ@splcmn.org, ext. 108

**Connie Yerigan**, Director of Children & Family Ministries

ConnieY@splcmn.org, ext. 107

**Eva Jensen**, Visitation Ministry Leader

EvaJ@splcmn.org

**Lori Peterson**, Nursery Ministry

**Jennifer Thurman**, Worship Band Director

JenniferT@splcmn.org, ext. 106

**Stephanie Phelps Johnson**, Sanctuary Choir Director

StephanieP@splcmn.org, ext. 106

**David Geslin**, Organist

DavidG@splcmn.org

**Katie Swenstad**, Full-Time Custodian

KatieS@splcmn.org, ext. 109

**Michelle Hill**, Part-Time Custodian

### Board of Administration

BOA@splcmn.org

**Mike Youngberg**, President

zubazwizard@gmail.com

**Val Sperry**, Vice-President

sperryvs@aol.com

**Leif Ronken**, Treasurer

leifronken@gmail.com

**Carol Anderson**, Secretary

caa0204@aol.com

**Barbara Cooper**

cooperstory@msn.com

**Dawn Hansen**

dawng48@hotmail.com

**Bryant Holmstrom**

bryantholmstrom@gmail.com

**Kathy Pullen**

kathyfpullen@gmail.com

**Betty Schweppe**

bschweppe@hotmail.com

**Joel Young**

young.joel.r@gmail.com

**Missionaries: Jim & Carol Sack**

**Companion Congregation: Bille Lutheran in Nigeria**

**Ministers: All members of the Parish**

### *The Friend* deadlines:

April 1st for the May issue; May 1st for the June issue.

E-mail typed copy (250 word max) to: **AmadaM@splcmn.org**