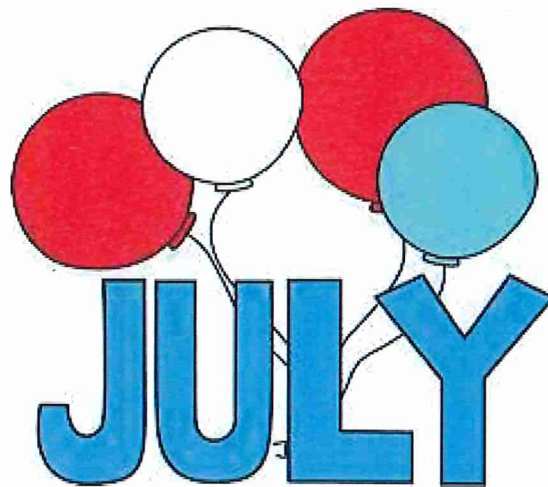




# The Friend



## Sunday Worship

9:00 and 10:30 am

In the Sanctuary & Live Streamed

## Wednesday Worship

7:00 pm

In the Sanctuary

July 6 - Blessing of the Animals  
(outdoors)

July 20

Sermon series,  
"The Ruthless Elimination of Hurry"

## July 2022

In this issue:

Summer Worship	1
Pastor Eric's Column	2
Pastor Margie's Column	3
Children, Youth & Family	4
BOA Highlights	4
Heritage Group	5
St. Philip's Disaster Relief	6
SPDR - Ready to Roll Books	6
Garage Sale	7
Financials	8
Endowment Fund	8
Life Events	9
Friendly Takeaway	10
Contact Info	10
July Calendar	11
Mission & Vision	12

# PRAYER

## Silence and Solitude

Eric Nelson, Associate Pastor

Our Wednesday evening summer worship services have been based on a series found on RightNow Media called "The Ruthless Elimination of Hurry." Recently we focused on silence and solitude. In much of Jesus' ministry, there are these small pauses when Jesus goes off to pray on his own, such as in Mark 1. Jesus had been busy healing Simon's mother-in-law, curing the sick, and casting out demons into the evening and then we have this brief note about the next morning.

"In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed."  
Mark 1:35

Sometimes people almost pass this over. It's a break from the action, before Jesus is found by his disciples to keep moving on to other places where this healing would be shared.

But if we are to follow the life of Christ in our own work as disciples, we need to take note of Jesus' quiet times of prayer as well. We must seek out times and spaces where we can silence all of the external noise: silence the manmade distractions and just hear the nature of God's creation. We seek out space to silence our internal noise: silence the worry and anger, silence the distractions, silence the list-making, silence our racing mind so we can be present with self and God in the moment.

I know the excuses as well. Even as a morning person, I find it hard to wake before my lovely children. But we don't need to start with much in our practice to make this a meaningful spiritual practice.

In the Psalms, you'll often find the word Selah written at the end of a line or phrase. It is not meant to be read aloud, but could have been a note to the musician singing the Psalm and served as a rest or even something like an 'amen.'

In either case, it is a break from the words as we remain present with God.

It is a chance to silence ourselves in prayer with God, seeking to listen to God in silence as God listens to us in the silence as well.

As we walk about as disciples of Christ, looking to follow his life of ministry, let us follow in his prayer life too. Let us build these silent Selah moments to seek silence and solitude with our Maker.

God bless you in the busy movement of life and the silent moments with your Maker.

Also, If you are interested in joining us for any of the remaining Wednesday night services at 7:00 pm, the dates are:

July 6: Blessing of the animals (outdoors)

July 20: Sabbath

August 3: Simplicity

August 17: Slowing

### For Freedom Christ Has Set Us Free

Margie Guelker, Visitation Pastor

*"For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery." ~ Galatians 5:1*

These words of Paul's have great meaning for us. We might protest that we are not slaves, but even in our freedom in Christ it is still easy to fall back into old habits that enslave us. These old habits are the sins we carry with us and are, indeed, reluctant to set aside.

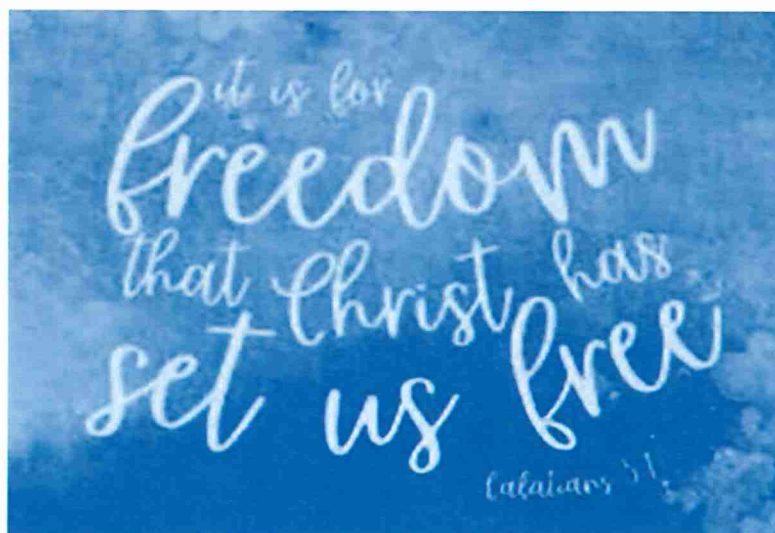
What is it that keeps you bound and keeps you from enjoying the freedom of Christ? What is it that you would like to lay at the foot of the cross and not pick up again? What would complete and utter freedom feel like to you?

Perhaps it might be good to begin right where you are. What are you free to do right now or in the coming days? First, you are free to give God your thanks and praise for the ways in which you are blessed and sustained.

As I visit people, and in my own life, I can become aware of the many things that change for us as we age. There is a myriad of things we can no longer do and often must rely on others for help. And, probably more frustrating, the things we can do take more time. Add to that the fact that we might often be reluctant to "bother" someone when we need something.

This is when we can exercise our freedom to take joy in the daily gifts God gives us. Have you thought that when you share your joys with someone that joy is multiplied? A phone call, or a card, or note can free the heart of a friend or loved one and unlock their smile. Such a small thing for you can be huge for someone else.

For freedom Christ has set you free. Enjoy this blessing with God's love and peace.





# PRAYER & JOY

## Sing to the Lord

Connie Yerigan, *Director of Children, Youth & Family Ministries*

*Sing to the Lord a new song; sing to the Lord, all the earth. ~ Psalm 96:1*

Grace and peace to you on this gorgeous summer day. As I sit here and write this, it's a nice, mid-June day. The sun is shining, and the wind is blowing. I'm busy gathering all of the things needed for the mission trip because we leave in a couple of days. As I take a break from the busy day to look out of the window at the beauty of God's creation, I see a couple of birds flying by. I imagine they are flying off to their next adventure...singing to the Lord their song.

Wouldn't it be wonderful if everyone could be as carefree as birds appear to be? What if we all took time to sing praises to God every chance we get? Maybe you already do this and that's wonderful! I know that as life moves forward, and times can become overwhelmingly busy, it's easy to forget to thank God for all that we have.

I pray that as you move forward this summer, you will find extra time to stop and enjoy God's creation, and sing praises to Him.

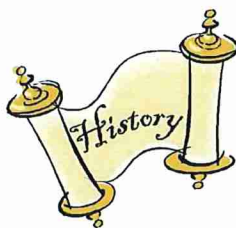


## Board of Administration Highlights



- The BOA approved Phase 1 of Building for the Future II.
- Brian Munsterman, a parent chaperone on the youth trip to Nashville, praised the experience. Highlights were worshiping, serving, learning, and having fun together.
- We got some great news about our organ from one of the bidders for the job. In looking inside the organ, he found an unused computer board - exactly what we need. He hooked it up, and it works. This find will save us \$20,000! The organ must be taken apart and professionally cleaned.
- The food truck is still coming! We are waiting for some additional paperwork.

## The Pink Flamingos Heritage Group



Does anyone remember the pink flamingo invasion of '02?

This was a fun fundraiser project organized by Youth Leaders John Hierlinger and Ben Johnson.

According to the June 2002 edition of *The Friend*...

... *The flock is ready to fly! Watch out, they may just stop by and pay a little visit.*

From the May 2002 *Friend*...

... *The youth are selling **Plastic Pink Insurance** so the FLOCK doesn't flood your yard.*

Those unfortunate souls without insurance...

... *never know what might show up in their yard once the sun sets!*

Fast forward several years to when a member of the SPDR team discovered the flamingos hibernating in the church garage. The pink flock was back! They appeared one night to honor the 50<sup>th</sup> anniversary of a very special couple. They made several more appearances to help celebrate significant birthdays. They even found their way to Minot, landing in the snow to help celebrate the birthday of a SPDR team member and flood survivor. They were temporarily "retired" after one birthday appearance resulted in the Coon Rapids police being alerted by a concerned neighbor! Cleared of any wrongdoing, they made two more appearances for special people – one 90 years young and another age 7 who found it tough not having a birthday party during COVID.

The pink flock is ready to move on. If you could provide the flock with a new home and their next adventure, contact Katie ([katies@splcmn.org](mailto:katies@splcmn.org)) or Connie ([connie@splcmn.org](mailto:connie@splcmn.org)).



## SERVE & PRAYER

### Fall Trip

#### St. Philip's Disaster Relief



Waverly, TN is a community of 4,000 residents located about 80 miles straight west of Nashville, TN. On August 21, 2021, twenty inches of rain fell in the area in five hours. Shortly after the rain fall ended, a 200-foot railroad embankment failed sending a 20-foot wall of water into the town of Waverly. 140 of the 400 homes in Waverly were damaged or destroyed. 20 residents lost their lives including a set of seven-month-old twins.

A SPDR team spent a week last May in Waverly helping the survivors rebuild their homes. A second SPDR team will be headed back to Waverly October 1 - 9 to continue to help in the rebuild effort. Registration and more detailed trip information will be sent via email in late August. Thank you for your continued support.

## The Journey Continues

### Ready to Roll Books

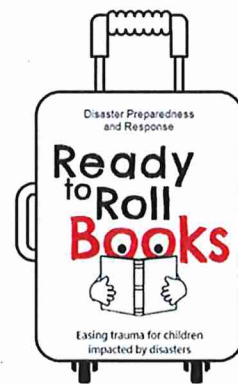
#### St. Philip's Disaster Relief

Thank you to everyone that was involved in the SPDR "Ready to Roll Books" project!

Things really got rolling in May when the donations of over 1,000 books and 15+ carry-on bags were dropped off at St. Philip's. As that was happening, SPDR team members sorted the books for condition and age-level while other team members were cutting and assembling the shelf units – custom made for each carry-on. Later, additional team members secured the shelf units within the carry-on, added 50-60 books, information about the project, and "Ready to Roll Books" luggage tags.

The first three carry-ons left St. Philip's on June 18, rolling their way to Tennessee with the youth as they left on their mission trip for Nashville. Thank you to all of them for packing light and having a little extra room for the Ready to Roll Books.

Next up, is figuring out how to get around a dozen more carry-ons to ELCA's Gulf Coast Synod office in Houston. If anybody is heading that way in the next few weeks and has some extra space, please contact Renee Johnson at [spdr@splcmn.org] or [612-202-1959].





## PRAYER & THANKS

### 25th Anniversary Garage Sale!



### Like a Challenge? Try the "25 for the 25<sup>th</sup> Challenge".

Help make the 25<sup>th</sup> Anniversary SPLC Garage Sale (August 17-20) a huge success. We are challenging those who can to donate 25 items to the 25<sup>th</sup> Anniversary Garage Sale. The more items donated the more items we can sell – and the more we can raise! So start sorting and saving your gently used items to donate. And tell your friends and family – we gladly accept donations from the community for the sale. Early donation drop-offs **cannot** be accepted.

Donations for the garage sale can be dropped off:

August 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
					<b>1<sup>st</sup> Day to Drop Off Donations</b>  9:00am to 7:00pm	Donation Drop-Off  9:00am to 4:00pm
7	8	9	10	11	12	13
Donation Drop-Off  9:00am to 12:00pm	Donation Drop-Off  9:00 am to 4:00pm	Donation Drop-Off  9:00am to 7:00pm	Donation Drop-Off  9:00am to 4:00pm	Donation Drop-Off  9:00 am to 7:00pm	Donation Drop-Off  9:00am to 4:00pm	Donation Drop-Off  9:00am to 1:00pm
14	15	16	17	18	19	20
<b>Last Day to Drop Off Donations</b>  9:00am to 12:00pm			<b>Garage Sale Preview Night</b> 5:00 to 8:00pm (\$3/admission)	<b>Garage Sale</b> 9:00am to 7:00pm	<b>Garage Sale</b> 9:00am to 7:00pm	<b>Garage Sale Everything ½ Price!</b> 9:00am to 12:00pm

**What we CAN accept:** gently used clothing & shoes (adult and children's), household goods, small appliances, craft and sewing supplies, jewelry, small chairs, lamps, end tables, collectibles, wall art and frames, decorative & holiday pieces, books, linens, tools/hardware items, lawn furniture, sporting goods, luggage, toys.

**What we CANNOT accept:** men's sport coats and suits, large furniture, mattresses, bed pillows, TV's, car seats, playpens, cribs, VHS/cassette tapes, Christmas trees, computers, monitors, printers, encyclopedias, large exercise equipment, and chemicals.

Interested in volunteering for the Garage Sale?

Contact LaRae Kazmierkoski at [763-571-4266] or email [laraekaz@aol.com]

**Exception** – cashier/bagger volunteers contact Bev Sperry directly, at [763-561-0163] or email [sperrybc@comcast.net]

# PRAYER & THANKS

## Financials

St. Philip's 2022	Actual May	Actual YTD
Income	\$51,943.19	\$327,301.75
Expense	(\$62,082.58)	(\$295,831.95)
TOTALS	(\$10,139.39)	\$31,469.80

## Endowment Committee



### *The St. Philip's Endowment Fund*

Be a Blessing for Future Generations!

#### May Memorials & Gifts

*Nelda Berry*

*George Dean*

Thank you to all who support the Endowment Fund!

Gifts in memory of someone, to celebrate a special occasion,  
or in simple gratitude, should specify "Endowment Fund" on checks.



## Life Events



## July

Robert and Marlis Johnson on 7/18/1959 for 63 Years

James and Miriam Hougen on 7/30/1961 for 61 Years

Fred and Janice Kunze on 7/28/1962 for 60 Years

Charles and Bunny Nara on 7/27/1963 for 59 Years

Roger and Mary Gehrke on 7/10/1965 for 57 Years

Kenneth and Myra Munsterman on 7/1/1967 for 55 Years

Gordon and Dorothy Kuluvar on 7/30/1967 for 55 Years

Ralph and Janet Thompto on 7/9/1968 for 54 Years

John and Margaret Fricke on 7/21/1968 for 54 Years

Ronald and Charmaine Cadwell on 7/31/1971 for 51 Years

Todd and Jody Bjerknes on 7/19/1975 for 47 Years

Larry and Kathy Weegman on 7/18/1981 for 41 Years

Murray and Miriam Jensen on 7/14/1984 for 38 Years

R.T. and Amy Taylor on 7/24/1999 for 23 Years

Mike and Gina Paton on 7/1/2000 for 22 Years

Elizabeth and William Wackman on 7/12/2003 for 19 Years

Ann and Mike Kozarek on 7/26/2003 for 19 Years

Dan and Katie Mae Pritchard on 7/2/2004 for 18 Years

Jon and Amber Young on 7/3/2004 for 18 Years

Stacey and Jeremy Repinski on 7/10/2004 for 18 Years

Ryan and Ingrid Kleinjan on 7/23/2004 for 18 Years

Scott and Jennifer Bjerketvedt on 7/17/2007 for 15 Years



*Addison Boeder*

*6/26/2022*



*The friends and family of:*

*Al Kazmierkoski*

*Judy Simko*



Thank you, thank you for the love and kindness you showed me while I recovered at home. You are all a blessing to me. I felt God's presence and the presence of all my fellow believers. It kept me going through all that time. Love God. Love your neighbor. Many thanks, Joyce Johnson



### St. Philip's Lutheran Church

A member of the ELCA

[www.splcmn.org](http://www.splcmn.org) ~ [info@splcmn.org](mailto:info@splcmn.org)

Phone: 763-571-1500 Fax: 763-572-2292

Pastoral Emergency Phone: 612-930-1588

### Church Staff

**Pastor Matt Flom, Pastor**

[MattF@splcmn.org](mailto:MattF@splcmn.org), ext. 112

**Eric Nelson, Associate Pastor**

[EricN@splcmn.org](mailto:EricN@splcmn.org), ext. 110

**Pastor Margie Guelker, Visitation Pastor**

[MargieG@splcmn.org](mailto:MargieG@splcmn.org)

**Katie Swenstad, Business Manager**

[KatieS@splcmn.org](mailto:KatieS@splcmn.org), ext. 104

**Jenni Anderson, Communications Director**

[JenniA@splcmn.org](mailto:JenniA@splcmn.org), ext. 101

**Jerry Salitros, Bookkeeper**

[JerryS@splcmn.org](mailto:JerryS@splcmn.org), ext. 106

**Connie Yerigan, Director of Children, Youth & Family Ministries**

[ConnieY@splcmn.org](mailto:ConnieY@splcmn.org), ext. 107

**Cheri Sykes, Worship Band Leader**

[CheriS@splcmn.org](mailto:CheriS@splcmn.org), ext. 103

**Jake Busse, Audio/Visual Technician**

[JakeB@splcmn.org](mailto:JakeB@splcmn.org), ext. 109

**Michael Croy, Drummer**

[croy0001@umn.edu](mailto:croy0001@umn.edu)

**Adam Miller, Sanctuary Choir Director**

[AdamM@splcmn.org](mailto:AdamM@splcmn.org)

**Dawn Hansen, Bells of Praise Handbell Director**

[Dawng48@hotmail.com](mailto:Dawng48@hotmail.com)

**Jenn Marquardt, Nursery Ministry Worker**

[lilac1212@aol.com](mailto:lilac1212@aol.com)

**Michelle Hill, Part-Time Custodian**

**Everett Washington, Part-Time Custodian**

### Worship Schedule

9:00 am Traditional

10:30 am Contemporary

- Access worship livestreams on our website [[www.splcmn.org](http://www.splcmn.org)]
- Past worship links can be found on our website, E-News, and app
- Nursery is available Sundays: 9:30 - 11:30 am for children 3 months - 3 years

### Board of Administration

[BOA@splcmn.org](mailto:BOA@splcmn.org)

**LaRae Kazmierkoski, President**

[laraekaz@aol.com](mailto:laraekaz@aol.com)

**Brian Munsterman, Vice-President**

[bmunsterman@comcast.net](mailto:bmunsterman@comcast.net)

**Barbara Cooper, Secretary**

[cooperstory@msn.com](mailto:cooperstory@msn.com)

**Greg Rosholt, Treasurer**

[groscholt@comcast.net](mailto:groscholt@comcast.net)

**Mike Anderson**

[flooddog97@gmail.com](mailto:flooddog97@gmail.com)

**Kari Davies**

[karidavies73@gmail.com](mailto:karidavies73@gmail.com)

**Aaron Gondorchin**

[zebular@gmail.com](mailto:zebular@gmail.com)

**Terry Jeglosky**

[terryjeglosky@gmail.com](mailto:terryjeglosky@gmail.com)

**Dianne Lundeen**

[dianne@gndrg.com](mailto:dianne@gndrg.com)

**Kristine Poelzer**

[kpoelzer@msn.com](mailto:kpoelzer@msn.com)

**Missionaries: Jim & Carol Sack**

**Companion Congregation:**

**Bille Lutheran in Nigeria**

**Ministers: All members of the Parish**

# July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:00 am Food & Clothing Shelf	2
3 9:00 am Worship 10:30 am Worship	4 Fourth of July Observance  Office Closed F&CS Closed  7:00 pm Gambler Anonymous Mtg.;	5 10:00 am Staff Mtg.; Food & Clothing Shelf 1:00 pm Tuesdays Together 6:30 pm Prayer Group 7:30 pm Worship Band Rehearsal	6 8:30 am Men's Work Crew 9:00 am Quilters 10:00 am EA Mtg. 5:00 pm Food & Clothing Shelf 5:30 pm Community Supper 7:00 pm Summer Worship— Blessing of the Animals	7 9:00 am Men's Book Discussion 7:00 pm Garage Sale Mtg. 7:30 pm AA Mtg.	8 10:00 am Food & Clothing Shelf	9 9:00 am Band Rehearsal
10 9:00 am Worship 10:30 am Worship	11 10:00 am Parish Fellowship Mtg. 1:00 pm Food & Clothing Shelf; Global Health Ministries; Joy Circle 7:00 pm Gambler Anonymous Mtg.; Gam-Anon Mtg.	12 10:00 am Staff Mtg.; Food & Clothing Shelf 1:00 pm Tuesdays Together 2:00 pm Benevolence Committee Mtg. 6:30 pm Prayer Group 7:30 pm Worship Band Rehearsal	13 8:30 am Men's Work Crew 9:00 am WOW (Women on Wednesday) 10:00 am EA Mtg.; Women's Book Club 1:00 pm Women Alone Together 5:00 pm Food & Clothing Shelf 5:30 pm Community Supper	14 7:30 pm AA Mtg.	15 10:00 am Food & Clothing Shelf	16
17 9:00 am Worship 10:30 am Worship	18 Friend Articles Due 9:30 am Glory Circle 1:00 pm Food & Clothing Shelf 6:30 pm Executive Mtg. 7:00 pm Gambler Anonymous Mtg.;	19 9:00 am Library Mtg. 10:00 am Staff Mtg.; Food & Clothing Shelf 1:00 pm Tuesdays Together 6:30 pm Prayer Group 7:30 pm Worship Band Rehearsal	20 8:30 am Men's Work Crew 9:00 am Quilters 10:00 am EA Mtg. 10:30 am Property & Grounds Mtg. 5:00 pm Food & Clothing Shelf 5:30 pm Community Supper 7:00 pm Summer Worship	21 9:00 am Men's Book Discussion 7:30 pm AA Mtg.	22 10:00 am Food & Clothing Shelf	23
24 9:00 am Worship 10:30 am Worship	25 1:00 pm Food & Clothing Shelf; Global Health Ministries 1:30 pm Knitters & Crocheters 6:30 pm Board of Administration Mtg. 7:00 pm Gambler Anonymous Mtg. Gam-Anon Mtg.	26 10:00 am Staff Mtg.; Food & Clothing Shelf 1:00 pm Tuesdays Together 6:30 pm Prayer Group 7:30 pm Worship Band Rehearsal	27 8:30 am Men's Work Crew 9:00 am WOW (Women on Wednesday) 10:00 am EA Mtg. 5:00 pm Food & Clothing Shelf 5:30 pm Community Supper	28 7:30 pm AA Mtg.	29 10:00 am Food & Clothing Shelf	30
31 9:00 am Worship 10:30 am Worship						





6180 Highway 65 NE  
Fridley, MN 55432-5158

ADDRESS SERVICE REQUEST



**Mission:**

God calls us to receive and share God's  
love and grace with all people.

**Vision:**

With God's help, we will be joyful,  
compassionate and generous as we worship,  
grow and serve in community.

We invite and welcome those of every spiritual background, ethnicity,  
gender orientation, or economic situation. We are committed to our place  
within the Evangelical Lutheran Church in America (ELCA).