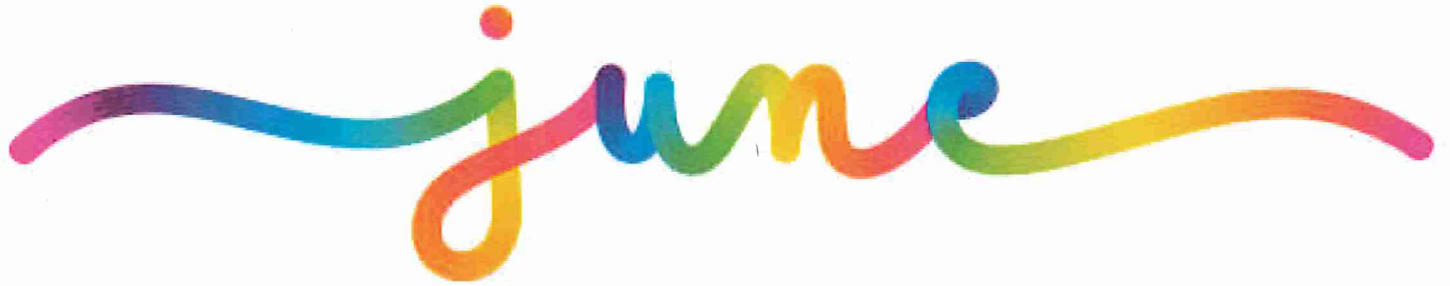


The Friend



Join Us for Worship!

9:00 am - Traditional

10:30 am - Contemporary



June 2026

Welcome	1	Garage Sale	9
Pastor Matt's Column	2	Meals on Wheels	10
Director of Faith Formation	3	Endowment Fund	10
President's Column	4	Financials	10
BOA Summary	4	Life Events	11
Polka Night Returns	5	Friendly Takeaway	12
New Books for Summer Reading	5 & 6	Contact Info	12
Festival of Tables Thank You	6	June Calendar	13
Endowment Fund Recipients	7	Mission & Vision	14
SPDR	8		

GROW & SERVE

The Sabbath

Matt Flom, Pastor

9 So then, a Sabbath rest still remains for the people of God, 10 for those who enter God's rest also rest from their labors as God did from his.

Hebrews 4:9-10

Grace, love, and peace be to you from God our Father and our Lord and Savior Jesus Christ. When I was a kid growing up in North Dakota, we had blue laws. Stores were closed on Sundays, so that people could observe the sabbath and have family time. Sunday was a time for worship and family. Eventually the laws were voted out and Sunday became another work day for many people. Events and sports were scheduled and there was no special day anymore. I understand not wanting to have the government involved in such matters, but even as a kid I understood that something was lost. Families spent less time together and many drifted away from church for other things. We can't turn back the clock, but we can reclaim the sabbath in our lives.

Every Christian is called to observe the sabbath. Many folks can't control their work schedule so they take another day as their sabbath. The first step is to realize that it should never be about legalism. Jesus said, "The Sabbath was made for humankind and not humankind for the Sabbath." (Mark 2:27) Sabbath first and foremost is about time with God. We should prioritize time to worship Him. It's also time to rest. We must set aside what is toil or what drains us. We should also take time to appreciate God's blessings; we need to take delight in relationships, God's creation, and all that brings us joy. It should be a day of renewal.

It's difficult to do. We are overscheduled and our lives are too busy. We start by being intentional. Make the sabbath a priority by getting ready for it. Use the day before to do your work, chores, errands, and such so that you won't be worried. I suggest starting your sabbath at sundown the night before. Calm yourself and sleep in the rest and protection of God. Wake up and dedicate your day to Him. Then at the next sundown, you can get ready to go back into the regular world refreshed and ready. Take a day each week for God and you will truly be blessed.

God's Peace,

Pr. Matt

Seeing God All Around Us

Connie Yerigan, *Director of Faith Formation*

One generation shall praise your works to another, and shall declare your mighty acts. Psalm 145:4

In a previous newsletter article, I shared about the beauty and importance of generations walking alongside one another in faith. I would like to revisit that message because it is one that continues to matter deeply in the life of our church.

Faith has always been passed from generation to generation through relationships. Children grow in faith not only through lessons and activities, but through the people who surround them...the adults who know their names, share their stories, and model what it means to trust God. When generations intentionally spend time together in the life of the church, something beautiful happens. Children gain encouragement and a sense of belonging, while adults discover renewed purpose and joy in sharing the faith that has shaped their lives.

Because of this, I would like to advocate for increased intentional intergenerational engagement within our church community. While we already experience meaningful moments of connection, there is an opportunity to be even more purposeful in how we create space for relationships across generations to grow. Every member of the church plays a role in passing faith to the next generation...sometimes in ways as simple as learning a child's name, sharing a story of faith, or offering encouragement along the way.

Research supports what many of us already know by experience: *intergenerational connection benefits everyone involved. Children gain confidence, empathy, and belonging, while older adults experience greater purpose, connection, and reduced isolation. This is especially meaningful as Minnesota's older adult population continues to grow, while many families are seeking deeper connection and community within their church life.*

At St. Philip's, we are blessed to be a congregation made up of many generations. Each person brings unique wisdom, gifts, and faith stories that can strengthen and encourage others. When children and adults build relationships across generations, faith becomes something lived and shared together.

With that in mind, I encourage us to consider ways we might become more intentional in fostering these connections, such as:

- Creating regular opportunities for shared experiences across age groups
- Encouraging mentorship and relationship-building between generations
- Designing ministry moments that invite participation from all ages

One simple and meaningful way to begin is through volunteering with our upcoming Vacation Bible School. Spending even a few days sharing smiles, helping with activities, listening to children, and encouraging young faith can make a lasting difference. I also invite you to prayerfully consider serving next program year in Sunday School, or other faith formation ministries.

If you feel called to be part of this growing initiative, please contact me. Together, we can nurture relationships, strengthen our church family, and help faith grow for generations to come. Thank you for your continued support and for the many ways you help create a community where all are welcomed, known, and valued. I am grateful to share this journey of faith with you.

GROW & SERVE

Summertime!

Brian Munsterman, President

What a wonderful time of year! The summer months are upon us. We had another successful year of Sunday School. Thank you to everyone for supporting our youth. Congratulations to our Senior graduating this year. What a great accomplishment. We are all excited to see your next steps of growth.

June is Pride Month. We at St Philip's celebrate all! I am taking this opportunity to reach out to all of you to invite new folks within this community into our faith, and to make sure everyone knows that they belong and invite them to come and see. This is one community that has been pushed away by other faiths for far too long, and I want everyone to know that we are welcoming, supportive, that they belong here and God loves them. I think we should do more here at church to show our communities this.

If you are at all like me, your summer will be busy! No matter what you are doing – being at the cabin, traveling on vacation, or are just busy with life's other happenings, please remember that you can still watch and participate in service online. The link to watch live or the recorded services can be found in both the app and on our website. Setting up your offering online is easy to do. Summertime is always busy around church as well – Vacation Bible School, the Polka Service, our first Summer Picnic Jam, the Blessing of the Animals, the Garage Sale, and many other activities. I love how active our church community is. As we head into June, please remember to take some time to relax and enjoy the Summer, too.

BOA Meeting Summary



- Rita gave a very meaningful devotion.
- SPLC had a good month financially and we're thankful for generous donations.
- Announcement of the new Director of Membership & Connections.
Rita is resigning from the BOA in order to accept this new role.

Polka Night Returns!

Cheri Sykes, Worship Band Leader

Please set your calendar to Wednesday, June 3 for Polka Night, back by popular demand. Last year's debut was a delight, beginning with a bratwurst supper, followed by a polka service, with original hymn texts (by Cheri Sykes), set to well-known polkas and waltzes. After the worship service, folks stayed to dance a few more tunes. Our polka band is proudly in-house: the Worship Band, augmented by our own tuba ace James Haugan, and a visiting tenor sax polka pro. This year, the supper will be at 5:00pm, with the worship at 6:00pm. Extra polkas following, for your dancing pleasure. Don't miss this one!



Library Adds New Titles for Summer Reading!

Looking ahead for a long summer devoted to reading? In the yard? On the porch or deck? If you are, look for some new additions at the church library. Here are some wonders—coming soon.

Fiction

The Cat Who Saved Books by Sosuke Natsukawa. Translated from the Japanese. High school student Rintaro is about to close his grandfather's bookstore, when a talking cat named Tiger appears and seeks Rintaro's help in saving books. We all need a little fantasy! Harper Via, 2023.

Mona's Eyes by Thomas Schlessler. Translated from the French. Ten-year-old Mona and her grandfather have only 52 Wednesdays to visit 52 works of art and commit to memory all that is beautiful in the world before Mona loses her sight. The inside of the book cover displays those art works. Remove gently and restore when done. Europe Editions, 2025.

The Seed Keeper by Diane Wilson. Follows a Dakota Indian family's struggles through several generations to preserve their way of life and their sacrifices to protect what matters most. Takes place in Minnesota. Milkweed Editions, 2021.

Some Luck: the last hundred years by Jane Smiley. Part one of an epic novel by a great story teller. This novel spans 30 years in the life of an Iowa farm family. It follows the changes taking place in America from 1920 through the early 1950s. Anchor Books, 2014.

Theo of Golden by Allen Levi. A stranger named Theo arrives in a small southern city. He visits a coffee house that has pencil portraits of 92 citizens on the walls. He begins to purchase them and returns them to their owners with a story, a friendship and a life altered. Atria, 2025.

SERVE

New Library Books for Summer Reading



Religion

Becoming Neighbors : The common good made local by Amar D. Peterman. How communities can be transformed through Christian practice of neighborly love and an understanding of the common good. Eerdman's Publishing, 2026.

Blessed : Experiencing the promise of the book of Revelation by Nancy Guthrie. The author presents a guide to Revelation and explains how it relates to us today. Crossway, 2022.

Calm Your Anxious Mind : Daily Devotions to Manage Stress and Build Resilience by Carrie Marrs. (242.4/MAR) This book of daily devotions will help you experience the peace your soul longs for. Zondervan, 2021. *Paul Among Jews and Gentiles* by Krister Stendahl. (225.924) New ways of viewing this most formative of Christian teachers. Fortress Press, 1976.

The Science of the Good Samaritan : Thinking bigger about loving our neighbors by Emily Smith. (241.4/SMI) The author, an epidemiologist, writes about what loving your neighbor truly means. Zondervan, 2023.

So We and Our Children May Live by Sarah Augustine. (261.8/AUG) The Earth is not well. There are signs all around. Extreme weather, pollution, fires and floods. People of faith are called upon to change our ways. Herald Press, 2023.

Voices of Resistance : The Bible's songs of victory, peace and protest by Amanda C. Miller. How music and poetry proclaim God's justice and love. Abingdon Press, 2026.

Social Science

Rough Sleepers by Tracy Kidd. (362.5/KID) The author tells the story of Dr. Jim O'Connell, who organized a community of care for the city of Boston's homeless population. Random House, 2023.

Festival of Tables - Thank You!

Parish Fellowship Committee

The Parish Fellowship Committee sends a big thank you to all who attended the Festival of Tables in April. It was, again, a big success! 185 guests attended the event. We collected 575 pounds of food and a huge cartful of clothing. After expenses, \$2300 was donated to the St Philips Food and Clothing Shelf, plus the food and clothing collected. \$2300 was also donated to the Wednesday Night Community Suppers. Thank you to the Endowment Committee, the Garage Sale Group, and Thrivent for the grants to help with our expenses. Watch St. Philip's publications for upcoming details for the 2027 Festival of Tables.

GROW & SERVE

Endowment Grant Fund Recipients

St Philip's Endowment Committee would like to Thank You for your continued financial support of the Endowment Fund. The Fund has grown to \$620,765.00 since its inception in 1989. Contributions for 2025 totaled \$14,385.

Each April, we disperse a percentage of the fund through Grant Requests. This year we were able to grant a total of \$24,830. Grants were awarded to:

Polka Service - \$1,200

St Philip's Quilters - \$1,000

Replace Staff Laptops - \$3,000

Sanctuary Decorating - \$2,000

Parish Fellowship-Festival of Tables - \$1,000

Summer Picnic Jam - \$1,400

Food and Clothing Shelf - \$4,000

Global Health - \$5,000

Advertising Banners - \$2,000

Coats for Kids - \$1,000

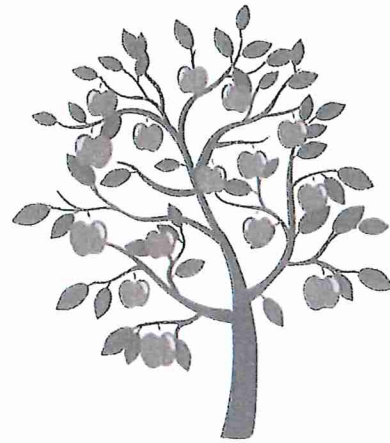
Thanksgiving Baskets - \$500

Library Fund - \$100

New Floor Scrubber - \$2,630

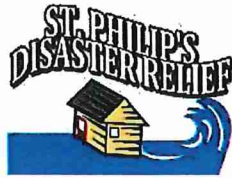
Our gratitude for years of service to retiring committee members Jim Kugler, Sandy Byl, Neal Anderson, and Daryl Gabrielson.

Continuing members, Connie Bernardy, Bev Roback, Patti Kondziolka and Dawn Young (Chair) would like to welcome new members Dan Eittrheim, Mike Carroll, Sandy Nelson, Neoma Haugan and Jerry Mattison.



Spring Trip

St. Philip's Disaster Relief



The journey continued for SPDR with 31 team members spending the first week in May doing flood relief work in Milwaukee, Wisconsin. In August of 2025, the Milwaukee area experienced record-breaking rainfall resulting in more than 26,000 homes identified by FEMA as having sustained major damage or requiring repairs for safe habitability.

It was an incredible week with a team of incredible people. Many did things they've never done before; others did things they've done many times in the past. Whichever, they did it with willing hearts – and sore legs, backs, hands, shoulders, or wherever. They accomplished much.

Much of the work involved removing drywall, installing drywall, finishing drywall, and then painting ceilings and walls. Carpet tiles, laminate flooring, doors, and trim were installed. Specialized work included moving electrical outlets; installing lights, a sump pump, a thermostat; repairing a deck; pulling thousands of carpet staples from a stairway; improving sump pump drainage; waterproofing concrete block walls; and much more.

The majority of the team members worked in four homes while others supported the team by providing meals, making numerous runs to Menard's and Home Depot, delivering tools to the four locations, and overseeing the work performed by a talented and willing crew at each jobsite.

Thank you to all the members of SPDR Trip #89 and the SPDR supporters that made this trip a success. Because of you, the journey continues...

The Journey Continues

GROW & SERVE

Meals on Wheels



The last week in April brought showers of smiles and greetings to our neighbors receiving Meals on Wheels. Many thanks to our faithful drivers: Renee & Mike Youngberg, Cathy Challman, Jennifer & Ron Prasek, Kathy and Chuck Eichelberger, Phyllis & Larry Ehlers, Monica Anderson, Deb & Mike Carroll, Nick Pongratz. Next delivery will be June 22-26. Call Dawn at [612-270-0326] if you would like to volunteer.

Endowment Fund

The St. Philip's Endowment Fund

For more information on St. Philip's Endowment Fund visit our website at [www.splcmn.org].

Select the *Ministries* tab and click on *Endowment*.

Gifts were received in memory and honor of

Roger Goman

Duane Prairie

Bev Sperry

Financials

St. Philip's 2026	Actual April	Actual YTD
Income	\$78,963.01	\$255,932.36
Expense	(\$55,462.53)	(\$252,192.04)
TOTALS	\$23,500.48	\$3,740.32

PRAYER

Life Events



Robert and Delores Masuda on 6/5/1959 for 67 years
David and Lucille Edlund on 6/18/1960 for 66 years
Harold and Grace Kurtz on 6/16/1963 for 63 years
Ronald and Mary Mattson on 6/29/1963 for 63 years
Stanley and Janet Yocum on 6/22/1963 for 63 years
Neal and Catherine Anderson on 6/12/1965 for 61 years
Gary and Deanna Blomster on 6/24/1967 for 59 years
James and Janice Kugler on 6/3/1967 for 59 years
Arlen and Judy Olson on 6/10/1967 for 59 years
Roger and Jerelyn Hall on 6/15/1968 for 58 years
Roger and Roberta Tuey on 6/15/1968 for 58 years
Jerry and Carole Jensen on 6/14/1969 for 57 years
Howard and Kari Helgen on 6/21/1975 for 51 years
Kathy and Darron Knutson on 6/8/1975 for 51 years
Timothy and Cindy Solberg on 6/28/1975 for 51 years

Marty and Dawn Hansen on 6/9/1979 for 47 years
Gregory and Susan Rosholt on 6/1/1979 for 47 years
Dan and Connie Bernardy on 6/22/1985 for 41 years
Duane and Monica Anderson on 6/7/1986 for 40 years
Jeff and Michelle Elleringon 6/18/1988 for 38 years
John and Pam Schwint on 6/23/1990 for 36 years
Doug and Kathy Fransen on 6/30/2007 for 19 years
Nikolaus and Tasha Browne on 6/13/2009 for 17 years
Michael and Heather Hurley on 6/6/2009 for 17 years
Eddie and Andi Erwin on 6/22/2012 for 14 years
Emily and Aaron Sasse on 6/30/2012 for 14 years
Sherri and Kirk Myhra on 6/19/2016 for 10 years
BreAnna and Kevin Humenansky on 6/30/2018 for 8 years



The friends and family of:

Leslie Rohrback



5/3/2026

Jonah Thomas Deuser

5/17/2026

Juniper Adolin Leyendecker

Friendly Takeaway

*Give thanks to
the Lord, for he is
good. His love
endures forever.*

St. Philip's Lutheran Church

A member of the ELCA

www.splcmn.org ~ info@splcmn.org

Phone: 763-571-1500

Pastoral Emergency Phone: 763-571-1500

Church Staff

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MattF@splcmn.org, 763-231-0557

Pastor Darby Lawrence, Visitation Pastor

DarbyL@splcmn.org

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KatieS@splcmn.org, 763-231-0420

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Cheri Sykes, Worship Band Leader

CheriS@splcmn.org

Curt Morales, Sanctuary Choir Director

CurtM@splcmn.org

Julie Lueck, Organist

Julie@splcmn.org

Dawn Hansen, Bells of Praise Handbell Director

Dawng48@hotmail.com

Rianna Swenstad, Nursery Ministry Worker

Companion Congregation:

Bille Lutheran in Nigeria

Ministers: All members of the Parish

Worship Schedule

9:00 am Traditional

10:30 am Contemporary

- Access worship livestreams on our website [www.splcmn.org]
- Past worship links can be found on our website, E-News, and app
- Nursery is available Sundays: 9:00 - 11:30 am for children 3 months - 3 years

Board of Administration

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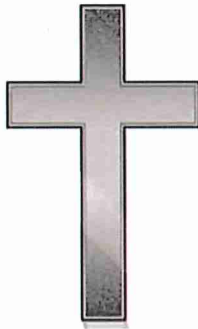
June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 1:00 pm Joy Circle 6:30 pm Polka Rehearsal	2 10:00 am Staff Mtg.; Food & Clothing Shelf 6:30 pm Worship Band Rehearsal	3 8:30 am Men's Work Crew 9:00 am Quilters 10:00 am EA Mtg. 5:00 pm Food & Clothing Shelf; Community Supper 6:00 pm Polka Service	4 8:30 am Men's Book Discussion 7:30 pm AA Mtg.	5 10:00 am Food & Clothing Shelf	6
7 9:00 am Worship 10:30 am Worship	8 10:00 am Parish Fellowship Mtg. 1:00 pm Global Health Ministries	9 10:00 am Staff Mtg.; Food & Clothing Shelf 2:00 pm Benevolence Committee Mtg. 6:30 pm Worship Band Rehearsal	10 8:30 am Men's Work Crew; WOW 10:00 am EA Mtg.; Women's Book Club 1:00 pm Walking Alone Together 5:00 pm Food & Clothing Shelf 5:15 pm Community Supper	11 7:30 pm AA Mtg.	12 10:00 am Food & Clothing Shelf	13
14 9:00 am Worship 10:30 am Worship	15 Friend Articles Due 10:00 am Glory Circle 5:00 pm VBS 6:30 pm Executive Mtg.	16 9:00 am Library Group 10:00 am Staff Mtg.; Food & Clothing Shelf 5:00 pm VBS 6:30 pm Worship Band Rehearsal 7:00 pm This is Most Certainly Brew	17 8:30 am Men's Work Crew 9:00 am Quilters 10:00 am EA Mtg. 10:30 am P&G Mtg. 5:00pm Food & Clothing Shelf ; VBS 5:15 pm Community Supper	18 8:30 am Men's Book Discussion 5:00 pm VBS 7:30 pm AA Mtg.	19 10:00 am Food & Clothing Shelf 5:00 pm VBS	20
21 Father's Day 9:00 am Worship 10:30 am Worship	22 1:00 pm Global Health Ministries 6:30 pm BOA Mtg.	23 10:00 am Staff Mtg.; Food & Clothing Shelf 6:30 pm Worship Band Rehearsal	24 8:30 am Men's Work Crew; WOW 10:00 am EA Mtg. 5:00pm Food & Clothing Shelf 5:15 pm Community Supper	25 7:30 pm AA Mtg.	26 10:00 am Food & Clothing Shelf	27
28 9:00 am Worship 10:30 am Worship	29	30 10:00 am Staff Mtg.; Food & Clothing Shelf 6:30 pm Worship Band Rehearsal				



6180 Highway 65 NE
Fridley, MN 55432-5158

ADDRESS SERVICE REQUEST



Mission:

God calls us to receive and share God's
love and grace with all people.

Vision:

With God's help, we will be joyful,
compassionate and generous as we worship,
grow and serve in community.

We invite and welcome those of every spiritual background, ethnicity,
gender orientation, or economic situation. We are committed to our place
within the Evangelical Lutheran Church in America (ELCA).